

The Nights Before Christmas Afraid of the Dark?

Getting Started

Where is the darkest place you've ever been? (A literal, actual place, not a time in your life)

What is your greatest fear? (Falling, the dark, lobsters, falling on lobsters in the dark, etc..)

What is the one event in your life when you showed the most courage to overcome fear?

Going Deeper

What lessons did you learn about fear as you were growing up? Was your family more fearless or fearful?

On Sunday, Jack talked about the high cost of fear. In what ways do you feel that fear costs each of us as we go throughout life?

There are 366 verses in the bible in which God tells us to not be afraid. It's the most common command in the bible. Why do you think God gives this command more than others? What does it say about God's nature?

Matthew 14:22-32 tells a great story about fear. Read these verses then answer the following questions. In life do you tend to be a boat watcher or a water walker?

When Peter looked around, he started sinking. What are the things that you tend to look at that cause you to sink?

According to this story, what do you think is the most important lesson in overcoming fear?

Psalm 27 has some great insights regarding our relationship with God and fear. Read this short chapter and write down any insights you see on how to overcome fear in your life.

- 1)
- 2)
- 3)

On Sunday, Jack talked about fear keeping us from doing the "hard thing." Is there a difficult task that you have been putting off because of fear? Would you be willing to share it with the group so they can pray for you?

In the Christmas story, Zechariah and Mary were both confronted by angels and wanted more information. Read each of their statements and discuss the differences between them.

Zechariah asked the angel, "How can I be sure of this?" Luke 1:18

"How will this be," Mary asked the angel, "since I am a virgin?" Luke 1:34

How can a need to be sure keep us from doing the hard thing?